





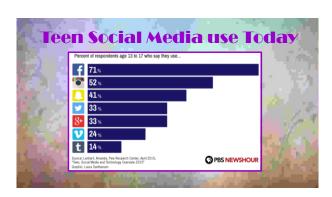


	13 Reasons Why
4	An intense, dark Netflix drama, exploring troubled teens motivations for completing suicide
	Very graphic rape scenes
i	Hannah blames others fo <mark>r her suicide and each ep</mark> isode is a video sent to a fried she blames
-	Controversial with parents and school personnel
	It started a conversation

## Statistics Second leading cause of death for ages 10-24 More teens and young adults die from suicide than cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease COMBINED 4 out of 5 teens who attempt suicide have given clear warning signs

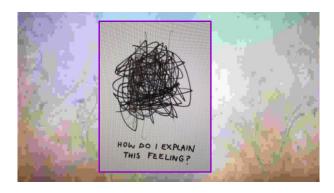
## Each day in our nation, there are an average of over 3,470 attempts by young people in grades 9-12 WHO: by 2020, 1.3 million people wil die by suicide By the end of this conference today, 3 high school students will have attempted suicide

## Smart Dhones Suicide rates increase with smart phone usage 5+ hours/day = 48% had suicide-related outcomes 1-2 hours/day = 28% had suicide-related outcomes More screen time = less sleep CDC: 87% of teens use social media daily



5	ocial Media and Suicide
•	Social media and suicide is a relatively new phenomenon
3	There is increasing evidence that the behavior of using social media changes teens lives
r	Social media fuses technology with social interaction via Internet-based applications that allow the creation and exchange of user-generated content
	The WHO determined that the prevalence of Internet users was positively correlated with general population suicide rates

Definitions <b>Section</b> 1997	
<ul> <li>Cyberbullying</li> <li>Cyberbullicide</li> <li>Cybersuicide pact</li> <li>Extreme communities</li> <li>iGen</li> </ul>	









	13 Reaso	ons Why Not
1.	Awareness	8. Clergy involvement
2.	Education	9. Deal with denial
3.	Support	10. Warning signs
4.	Mentoring	11. Drastic behavior changes
5.	Partnership	12. Risky behaviors
6.	Services to at-risk youth	13. Eliminate means
7.	Advocacy	Marie de la companya del companya de la companya del companya de la companya de l
	the Road Labor.	THE PARTY OF THE P

<b>Evidenced Based Interventions</b>
Non-demand caring contracts
<ul> <li>Structured, problem-solving therapies</li> </ul>
<ul> <li>Collaborative assessment and treatment planning</li> </ul>
Safety planning
■ Reducing access to lethal means

## • Limit screen time to less than 2 hours daily • Create a support system





